



AMENITY PUBLIC SCHOOL
HOLIDAY HOMEWORK
CLASS XII HUMANITIES (2024-25)



***HERE'S TO A SUMMER VACATION
THAT'S A TIME FOR MAKING MEMORIES,
TRYING NEW THINGS, AND EMBRACING
NEW EXPERIENCES THAT ENRICH YOUR LIFE.***

"Amidst the lazy days of summer lies the power to rejuvenate your mind, prepare for what's to come, and make a fierce comeback when the time is right."

Dear students,

A month-long Summer Break has knocked at the door!

It's important to strike a balance between relaxation and productivity to ensure that you return rejuvenated and proactive for the upcoming challenges.

Here are a few guidelines to help ensure a balanced, productive, and rejuvenating summer break:

1. **Academic Preparation:** Revise the syllabus and complete project work.
2. **Pursue Hobbies:** Engage in activities like painting, music, or writing.
3. **Monitor Screen Time:** Limit excessive screen time and stay active with sports, yoga, or exercise.
4. **Reading and Learning:** Read books, newspapers, and magazines daily.
5. **Mental Health:** Practice mindfulness and meditation to introspect. Unplug to plug and collaborate with your parents to spend quality time with family and friends.

*Innovate, let creativity soar,
Stay hydrated, thirst for more.
Inspired minds, forever curious,
Exploring worlds, both vast and wondrous.*

Happy Summer Vacation!

➤ ENGLISH (301)

Project (ALS)

General Instructions:

- It is **mandatory** to prepare the Project file.
- **10 marks** of Internal assessment are allotted for the ALS project and viva.
- Except for the cover page, acknowledgement, and certificate, the rest of the pages should be **handwritten**.
- Use an **A4 size** white/coloured sheet for the project and after compiling everything, it should be **filed** properly.
- **Plagiarism is strictly prohibited.**

Parameters of Assessment:

- Quality of Content
- Accuracy of Information
- Adherence to the specified timeline
- Content in respect of spelling, grammar, punctuation
- Clarity of thoughts and ideas
- Originality and Creativity
- Knowledge and experience gained

Project File Layout: (The project should be summarised in 15-20 pages)

Page 1: COVER PAGE, WITH TITLE OF PROJECT, SCHOOL DETAILS OF STUDENT

Page 2: STATEMENT OF PURPOSE/OBJECTIVES/GOALS

Page 3: CERTIFICATE OF COMPLETION UNDER THE TEACHER'S GUIDANCE

Mid Pages: PROJECT/REPORT DETAILS

It should include:

- A Meme
- A Comic Strip
- A Poster
- An Article
- A Report
- A Letter to the Editor
- An Interview

(Graphics and pictures are to be posted on the left-hand side and the content of the report is to be hand-written neatly on the right-hand side of the page.)

Last Page: LIST OF RESOURCES/BIBLIOGRAPHY

LIST OF TOPICS AND SUGGESTED THEMES

I) THE LAST LESSON- FREEDOM OF SPEECH AND EXPRESSION

- Linguistic Chauvinism

- Importance of Language/ Mother Tongue
- Procrastination/Time Management
- Globalization of Language
- Franco-Prussian War
- Historical References of Events wherein Linguistic Identity was Threatened/Snatched

II) LOST SPRING: LIFE IN A SLUM

- Research and Case Study of a Slum
- Life of the Slum Dwellers
- Childhood and Education
- Health and Infrastructure
- Government Initiatives
- Role of Youth in the Upliftment of the Weaker Sections of the Society
- Comparative Study of Slums
- Slums of Yesterday Turned into Cities of Today

III) DEEP WATER: PHOBIA

- Phobias and Fears
- Psychological and Emotional Impact
- Impact on One's Life and Society
- How to Overcome
- Case Study of a Successful Person

IV) MY MOTHER AT SIXTY-SIX: NOSTALGIA

- Importance of Parents
- Responsibilities towards Mother/Parents
- Old Age Homes
- Parent-Child Relationship
- Concept of Ageing and Mortality

V) KEEPING QUIET: UNIVERSAL BROTHERHOOD

- The Philosophy of Silence
- Global Peace and Unity
- Meditation and Mindfulness
- Impact of Modern Technology
- Environmental Degradation

- Introspection and Retrospection

VI) THE THIRD LEVEL: AN ESCAPE

- Concept of Reality and Illusion
- Past and Nostalgia: Its Impact
- Escapism
- Modern Day Fears

VII) THE ENEMY: WAR AND PEACE

- Peace and War
- Impact of War on Society
- Predicament of War
- Escapism and Depression due to War
- Political Lobby and Civilians

NOTE: Refer to the table for your project topic.

Roll No.	Allocated Topics
1, 8, 15, 22, 30, 36, 43, 50	THE LAST LESSON- FREEDOM OF SPEECH AND EXPRESSION
2, 9, 16, 23, 31, 37, 44, 51	LOST SPRING: LIFE IN A SLUM
3, 10, 17, 24, 32, 38, 45, 52	DEEP WATER: PHOBIA
4, 11, 18, 25, 32, 39, 46, 53	MY MOTHER AT SIXTY-SIX: NOSTALGIA
5, 12, 19, 26, 33, 40, 47, 54	KEEPING QUIET: UNIVERSAL BROTHERHOOD
6, 13, 20, 27, 34, 41, 48, 55	THE THIRD LEVEL: AN ESCAPE
7, 14, 21, 28, 35, 42, 49, 56	THE ENEMY: WAR AND PEACE

➤ POLITICAL SCIENCE (028)

1. Project Work

The students are required to make a project file on any chapter from the NCERT book.

Example-

* The End of Bipolarity

* New Centres of Power

- * Contemporary South Asia
- * Challenges of Nation Building
- * India's Foreign Policy

Instructions

- * Use Excel Bond sheets only.
- * Design a good cover page.
- * Project must be hand written.
- * The project should have minimum 25/30 pages.
- * Include relevant pictures, newspaper clippings, maps, diagrams etc
- * Also include pages like , content, certificate, acknowledgement,etc

➤ **HISTORY (027)**

1. Make a project file on ANY ONE of the following topics:

- (1) Mohenjo-Daro
- (2) Ashoka- The Great
- (3) Life of Buddha
- (4) Guru Nanak Dev and other Sikh Gurus
- (5) Vijaynagar Empire
- (6) Travellers who visited India
- (7) Revolt of 1857
- (8) Mahatma Gandhi the legendary Soul
- (9) Making of Indian Constitution
- (10) Zamindari System

Guidelines:

Project is to be made on Excel Bond Sheets.

Use lots of colours, pictures and drawing to highlight your project.

Leave space for Front page and Certificate as you will be guided about it later.

Project should be minimum of 20 pages.

2. Watch any one of the following movies for a better understanding of the Chapters.

- (a) MANGAL PANDEY – THE RISING (CH. REVOLT OF 1857)
- (b) LAGAAN – (CH 10. COLONIALISM AND THE COUNTRYSIDE)
- (c) LEGEND OF BHAGAT SINGH (CH13. MAHATMA GANDHI THROUGH CONTEMPORARY EYES)

After watching the movie write a report about the same on Jindal sheet.

- 3. Make a poster on any one Indian historical King/Ruler/Leader who has inspired you.**
- 4. Create a displaying model of any sculpture/ temple / monument / artefact of ancient, medieval or modern Indian history.**

➤ **SOCIOLOGY (039)**

KNOWLEDGE -APPLICATION:

ACTIVITY 01

AGE STRUCTURE AND ITS RELEVANCE

- What impact do you think the age structure has on inter - generational relationships?
 - For instance, could a high dependency ratio create conditions for increasing tension between older and younger generations?
 - Or would it make for closer relationships and stronger bonds between young and old?
- ❖ **Try to come up with a list of possible outcomes and the reasons why they happen?**

PRACTICAL APPLICATION:

ACTIVITY 02

MIGRATION

- Do a small survey in your locality to find out when (i.e., how many generations ago) the families of your fellow friends came to live in your area or place where the school is located.
 - Tabulate the results.
- ❖ **What does your survey tell you about rural-urban migrations?**

RESEARCH APPLICATION:

ACTIVITY 03

WOMEN AND THEIR STATUS

- Make a list of professions in which women are involved today.
 - Can you think of any educational field where women are barred today?
- ❖ **Perhaps the discussion on women in the Indian armed forces may throw some light on this.**

ACTIVITY 04

- Find out how different traditional or mythical stories depict the disabled.

- You can draw from any of the innumerable regional sources of folklore, mythology, and traditional storytelling in India, or from any other part of the world.
- ❖ **Make a list of examples that show positive achievements of the disabled in different fields like music, art, etc.**

CASE STUDY

ESTABLISHMENT OF JHARKHAND AS A STATE.

- Study the scenario of events that led to the separation of Jharkhand from Bihar. Study the difference in types of society of Bihar and Jharkhand.
- Analyse the issues raised by the revolutionaries of Jharkhand.
- Discuss the relevance of separation as stated by the stakeholders.
- After 23 years of separation, analyse the consequences of separation. Are the objectives achieved? Or is it yet to be achieved?
- ❖ **Prepare a report of the same**

LITERATURE /READING:

Take interest in reading the autobiography/biography of any one Indian social reformer.

Prepare a power point present on his/her works and ideology (8-10 slides)

➤ ECONOMICS (030)

“Economics tells us to make the best use of resources.

Let's enjoy our holidays by utilizing our holidays

By making best use of our time and books”

1. Read 'Economic Times' daily and note down three news related to economy in your note book everyday.
2. Read the following chapters carefully and learn the key points:-

Introduction

- ❖ Some basic concepts of macroeconomics
- ❖ National income and related aggregates
- ❖ Methods of calculating national income
- ❖ Money and Banking

3. Complete your project on the following topics-

- ❖ Central bank and Commercial banks
- ❖ Deficient demand and excess demand
- ❖ Government budget
- ❖ Foreign exchange
- ❖ Poverty
- ❖ Human capital formation in India
- ❖ Rural development
- ❖ Unemployment

❖ Environment and sustainable development

Format for presentation of the Project

- a) External cover page
- b) Acknowledgement
- c) Preface
- d) Index
- e) Introduction to the topic
- f) Details of the topic (causes, consequences/remedies)
- g) Diagrammatic explanation (if any)
- h) Numerical explanation (if any)
- i) Pros and Cons of the economic event/happening (if any)
- j) Application of the concept
- k) Students' own views/perception/opinion and learning from the topic

➤ PHYSICAL EDUCATION (048)

Prepare a **detailed project file**(spiral bound) PPT and Spiral bound) from the topic of your choice.

List of Games

Basketball, Football, Volleyball, Unified Basketball

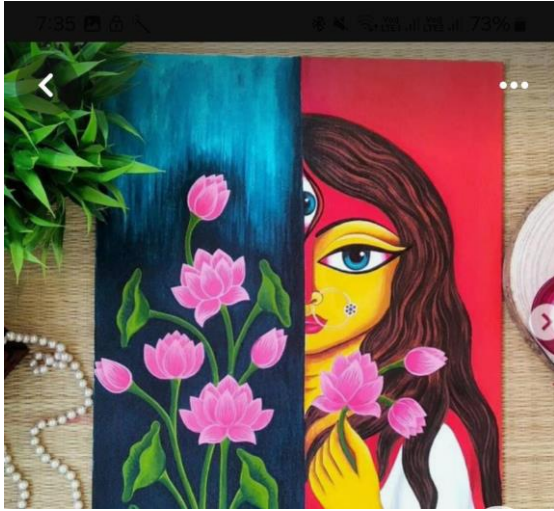
Complete the project and Compile it according to the prescribed format.

- Cover page
- Certificate
- Acknowledgment
- Index
- Introduction
- Content (including pictures/graphs/tables/survey report etc.)
- Case Study
- Bibliography
- **It is an individual activity and marks will be awarded in Annual Examination during practical Examination.**

➤ PAINTING (049)

- 1- **Composition** -Two figurative composition with minimum three human figures using any colour as a medium.
- 2- Make Two abstract art painting with the help of black ball pen and water colour
- 3- Complete the Board's painting portfolio assignment.

References:



ALSO : PREPARE A WORKING MODEL(INCLUDE YOUR CREATIVITY)TO BE EXHIBITED IN THE SCHOOL EXHIBITION.

➤ PSYCHOLOGY (037)

Project work

Select any two creative projects from the following:

I. In class XI, Chapter 1 of your textbook you have read about several professionals in the field of psychology. Contact a psychologist who fits into one of the categories and **interview the person**. Have a list of questions prepared beforehand. Possible questions could be:

<https://drnehamehta.com/questions-to-ask-a-psychologist/>

(Contact of different psychologists will be provided)

You can also contact a career counsellor and explore **various career options** with Psychology. Give a detail description of the renowned colleges/institutes available in the country for various undergraduate and postgraduate courses. Pictures can be pasted. Write about the career options available with each course.

II. Visit any of the given websites and read any blog of your interest. Write the summary points of the blog: what are your views regarding the topic, what more can be added to the field and what are some criticism that you developed regarding the topic.

<https://www.makeuseof.com/best-psychology-blogs/>

III. Make a poster/slogan/chart/model on any of the following topics:

<https://www.verywellmind.com/psychology-paper-topics-2795729>

IV. Watch any video from the following YouTube page, make points and develop your own video on the basis of the reading research you did on the same topic. The video should be about 3-5 minutes long, all the major points should be covered in the video, you can use your creativity to enhance the affect of the video, and take help from your friends & family and you can present the topic on your own way in the video.

<https://youtube.com/c/DrJulie>

<https://youtube.com/c/TherapyinaNutshell>

<https://youtube.com/c/PsychHub>

<https://youtube.com/c/MedCircle>

If the project is based on a disorder:

- Discuss the factors that contributed to the diagnosis, the diagnostic criteria's and probable treatments for the disorder.
- You can use images from Google while doing the homework.
- Work to be done on A4 sheets, you can be as creative as you want with the work.
- Ensure that the right information is presented.



Administer and write a report for the following psychological tests:

- ❖ Raven's Standard Progressive Matrices (RSPM)
- ❖ Self Concept Questionnaire (SCQ)

Application Based Questions

- a) Avinash is pursuing B.Tech under his parents' pressure though he always aspired to be a photographer. Using Carl Rogers' terminology, describe the state of his self.
- b) Vishesh is very disciplined and particular about his moral principles. He adheres to these principles at the cost of the fulfilment of his desires. Which part of his personality is predominant?
- c) Rohan does not hesitate to do any new task. He has the belief that he can do anything just right. He also believes in evaluating himself to improve upon his performance. Describe the state of his self.
- d) Give one example of each: Projection, Denial, Reaction formation, Rationalization, Regression, and Fixation.



Develop a case study on an individual who has excelled in areas like sports, academics, music etc. Or having special needs like learning disability, autism, down syndrome etc. Or those with interpersonal social problems like poor body image, obesity, temper tantrums, substance abuse etc.